

Country Ham and Potato Bake



6 cups peeled and sliced potatoes

1/4 cup butter

1/3 cup chopped sweet onion

1/4 cup brown rice flour

1 teaspoon salt

1/2 teaspoon ground mustard

Dash ground cayenne pepper

1 1/2 cups milk

1 1/2 cups shredded Colby-Jack cheese

1 to 2 pounds fully cooked, spiral-sliced ham

1 cup shredded Colby-Jack cheese

Cook potatoes in lightly salted water until slightly tender, drain, and set aside. Do not over cook potatoes.

In a large saucepan, sauté onion in butter until tender. Blend in flour, salt, mustard, and cayenne pepper, stirring until smooth. Gradually add milk, stirring constantly until slightly thickened. Add 1 1/2 cups cheese, stir until melted. Toss and coat potatoes in cheese sauce.



Arrange potatoes and ham in alternating rows in a lightly greased 10 x 14 inch baking dish.

Bake at 350 degrees for 30 minutes. Remove from oven. Top with 1 cup cheese. Bake an additional 5 minutes or until cheese is melted.

Serves 6

Cook's Note: You may use fresh, fully cooked ham or leftover baked ham from your holiday feast.

